# **DENIZ DENTISTRY**

Dartmouth, Nova Scotia Home: (555) 555-1234, Cell: (555) 555-1235, mail@dal.ca

# **SUMMARY OF QUALIFICATIONS**

- Ability to analyze medical records and prescribed protocol to formulate effective therapeutic treatment plans
- Excellent knowledge of Canadian and institutional regulations and guidelines for the provision of dental outpatient services
- Sound ability to set up and prepare dental equipment and instrumentation in accordance with established regulations and guidelines
- Excellent communication skills: ability to articulate technical information to non-technical personnel
- Proficient in: Axium Software Suite, Pub Med Search Engine, Macro Software, Micro Software, Windows Operating system
- Exposed and developed radiographs

EDUCATION	
<b>Diploma in Dental Hygiene (DDH)</b> Dalhousie University, Halifax, NS	Graduated 2019
<b>Bachelor of Science Program - Major in Biology</b> Dalhousie University, Halifax, NS	Graduated 2016
PROFESSIONAL MEMBERSHIPS	
Student Member, Canadian Dental Hygienist Association	20179
CERTIFICATES	
WHMIS, Environment Health and Safety	2016

## **CLINICAL EXPERIENCE**

# **Dental Hygienist Internship**

May - Oct 2019

2015

Dalhousie Dental Clinic, Halifax, NS

- Provided specialized care for a variety of clients including school aged children, elders, military personnel and Veterans, in many diverse settings.
- Assessed dental condition and needs of patient using patient screening procedures; including medical history review, dental charting, and perio
- Documented dental history or chief complaint; recorded and reported pertinent observations and patient reactions to dental staff
- Implemented individualized dental care plans for patients; performed patient education, discharge planning, and patient/family teaching under the supervision of a qualified dentist.

DENIZ DENTISTRY

# **Dental Hygienist Internship**

Jan. - May 2018

IWK Hospital, Halifax, NS

- Taught clients how to practice good oral hygiene and provided preventive dental care.
- Took and developed dental x-rays and made temporary fillings.
- Implemented infection control procedures: cleaned hygiene room, sterilized instruments, and prepared hygiene room for patients under preceptor supervision
- Assisted as required with patient reception, telephone calls, routine triage, and other office duties

### RELEVANT ACADEMIC PROJECTS

Project: Design Educational Materials to Promote "Dental Health for Kids" Class: Population and Health

- Collaborated with four students to share ideas, develop a plan, delegate work loads and share resources; work accomplished resulted in an A grade.
- Facilitated an educational game to 25 preschoolers on importance of dental heath; children remained engaged and entertained.
- Created a range of cartoon characters representing different areas of dental health and incorporated them in posters and activities.
- Designed colorful and playful posters using Photoshop and Adobe publisher.

### **ADDITIONAL EXPERIENCE**

# **Community Advisor**

Office of Residence Life, Dalhousie University, Halifax, NS

2016

- Developed leadership skills by facilitating a cohesive community environment for 55 residents
- Coordinated four social, educational and cultural programs each semester, increasing student participation by 20%
- Developed and presented training program, "How to Successfully Plan Community Events", resulted in very positive feedback
- One of 30 individuals selected from 120 student leaders to lead and coordinate events
- Completed comprehensive training in team building, diversity and crisis management
- Educated residents about safety and security issues on campus and in residence halls through the use of campus voicemail and monthly seminars



Canadian Red Cross Level "C" CPR



# **Action Statements**

If you were face-to-face with an employer right now, what would you say? What skills and knowledge would you highlight? To capture your experiences and accomplishments on your résumé (and to stand out!) use **ACTION STATEMENTS**.

# Tips

- Quantify whenever possible, it adds perspective.
- Results are PROOF that you are effective.
- Avoid language such as "duties included" or "responsibilities were"; the employer wants to hear how and what YOU did
- Ask yourself, "What is the employer looking for in an ideal candidate?" and "How can I demonstrate that?"

Action verb	did a	AT you nd HOW WHY	+	RESULT
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Ineffective Action Statement	Effective Action Statement		
<ul> <li>Responsible for filling outside orders</li> </ul>	<ul> <li>Processed corporate customer's orders in excess of twenty thousand dollars while ensuring high customer satisfaction levels were maintained</li> </ul>		
<ul> <li>Started a new program.</li> </ul>	<ul> <li>Created and implemented a new youth mentoring program by assessing the needs of youth in the community through one-on-one interviews and focus groups which resulted in 80% participation of local high school students</li> </ul>		

## **Examples:**

- Provided excellent customer service: assessed client's needs, suggested products and always followed up.
- Performed study on agency effectiveness by interviewing staff and reviewing case court documents; recommended changes to manager were implemented.
- Collaborated with 12 peers to create and implement a recycling program: resulted in a reduction of paper consumption by 50%
- Resolved 25 client calls per day by responding to inquiries on various financial accounts resulting in improved client relations and decreased client complaints
- Researched and determined status of un-cashed checks and created a system to help track future unclaimed obligations which resulted in the initial savings of \$184,000 and \$20,000 annually
- Supervised and counselled 80 students on various issues from academic difficulties to peer pressure while observing strict confidentiality at all times
- Developed an application to replicate tables between databases providing the client with more power in function and flexibility throughout platforms using C and ESQL on a UNIX platform

ACTION VERBS					
Management skills	Communication Skills	Research Skills	Technical Skills		
Administered	Addressed	Analyzed	Adapted		
Analyzed	Arbitrated	Clarified	Applied		
Assigned	Arranged	Collected	Assembled		
Attained	Authored	Compared	Built		
Chaired	Collaborated	Conducted	Calculated		
Coordinated	Corresponded	Critiqued	Computed		
Delegated	Developed	Detected	Constructed		
Developed	Directed	Determined	Converted		
Directed	Drafted	Diagnosed	Debugged		
Evaluated	Edited	valuated	Designed		
Improved	Enlisted	Examined	Determined		
Increased	Formulated	Experimented	Developed		
Initiated	Influenced	Explored	Engineered		
Integrated	Interpreted	Extracted	Fabricated		
Organized	Lectured	Formulated	Fortified		
Oversaw	Mediated	Gathered	Installed		
Planned	Moderated	Inspected	Maintained		
Prioritized	Negotiated	Interviewed	Operated		
Produced	Persuaded	Invented	Overhauled		
Recommended	Promoted	Investigated	Printed		
Reviewed	Publicized	Located	Programmed		
Scheduled	Reconciled	Measured	Rectified		
Supervised	Recruited	Organized	Regulated		
Teaching/Helping Skills	Financial Skills	Creative Skills	Clerical Skills		
Adapted	Administered	Acted	Approved		
Advised	Adjusted	Conceptualized	Arranged		
Assessed	Allocated	Created	Catalogued		
Clarified	Analyzed	Customized	Classified		
Coached	Appraised	Designed	Collected		
Communicated	Assessed	Developed	Compiled		
Coordinated	Audited	Directed	Dispatched		
Counseled	Balanced	Established	Generated		
Demonstrated	Budgeted	Fashioned	Implemented		
Educated	Calculated	Founded	Inspected		
Enabled	Computed	Illustrated	Monitored		
Encouraged	Conserved	Initiated	Operated		
Evaluated	Corrected	Integrated	Organized		
Explained	Determined	Introduced	Prepared		
Facilitated	Developed	Invented	Processed		
Guided	Estimated	Performed	Purchased		
Informed	Forecasted	Planned	Recorded		
Instructed	Managed	Shaped	Retrieved		
Trained	Managea	Shapea	Screened		



